



Mater Dei Catholic High School

Campus Ministry News

April 2023

Prayer for Easter

Lord God, You loved this world so much that you gave your one and only Son, that we might be called your children too. Lord, help us to live in the gladness and grace of Easter Sunday, every day. Let us have hearts of thankfulness for your sacrifice. Let us have eyes that look upon Your grace and rejoice in our salvation. Help us to walk in that mighty grace and tell Your good news to the world. All for your glory do we pray, Lord, Amen.

Guide to Holy Week

(taken from Prayerandpossibilities.com)

Palm Sunday is the celebration of Jesus' triumphal entry into Jerusalem. This is the Sunday prior to Easter and is often celebrated by waving palm branches, reenacting the parade with Jesus riding into Jerusalem on a donkey.

Maundy Thursday (or Holy Thursday) commemorates the Last Supper. Many Maundy Thursday services include foot washing and stripping of the altar – removing all signs of Jesus from the church for observing the days Jesus was dead.

Good Friday observes the day Jesus was crucified. This day is often observed with praying stations of the cross. It's the most solemn day of the church year.

Holy Saturday reflects the day Jesus was buried in the tomb.

The week concludes with **Easter**, a celebration of Jesus' resurrection.

Chrism Mass

The Chrism Mass will be at The Cathedral of St. Peter in Belleville on Tuesday, April 4. At this Mass, the Bishop will bless and consecrate the Oil of Catechumens, the Oil of the Sick and the Sacred Chrism - used in our parishes throughout the year. Mater Dei Catholic High School will have 12 students attending that will be singing with the Liturgical Music Group.

Upcoming Events

All School Mass-Crowning of Mary

May 3rd-9:40am

TEC Retreats

June 10-12, 2023- TEC #269 — Mater Dei, Breese, IL

September 2-4, 2023-TEC #270 — St. Mary, Mt. Vernon, IL

October 13-15, 2023-Harvest #29 — Camp Vandeventer, Waterloo, IL

October 21, 2023-Belleville TEC 50th Anniversary Celebration

January 13-15, 2024-TEC #271 — Immaculate Conception, Columbia, IL

February 17-19, 2024-TEC #272 — St. Mary, Mt. Carmel, IL

Application can be found online at <https://bellevilletec.org/applications>



HOW TO MAKE THE MOST OF **HOLY WEEK?**
5 WAYS TO LIVE IT WELL

- 01 MEDITATE ON THE PASSION**
Meditate on the Passion using passages in the Bible, the Sorrowful Mysteries of the Rosary, etc.
- 02 TRY TO BE SILENT**
Avoid listening to music or attending parties or celebrations. Make sure to keep your conversations as sober as possible.
- 03 MAKE AN EXTRA SACRIFICE**
In addition to fasting and abstinence on Friday, make another small sacrifice.
- 04 ATTEND THE LITURGIES**
Try to attend all of the liturgies and invite your family and friends.
- 05 KEEP ALL DISTRACTIONS AWAY**
Keep away from distractions like your cell phone, videos, etc.

#HOLYWEEK