



# Mater Dei Catholic High School

## Campus Ministry News

### January 2023

**New Year's Prayer:** God, thank you for a new year. May everyone in our family be willing to begin anew with a clean slate. We know that you are always ready to forgive us. Help us to be willing to forgive ourselves and to forgive one another. As we begin a new year, remind us of our truest values and our deepest desires. Help us to live in the goodness that comes from doing what you want us to do. Help us to put aside anxiety about the future and the past, so that we might live in peace with you now, one day at a time. Amen

#### Spiritual Resolutions for 2023

1. Pray a daily or weekly Rosary.
2. Meatless Fridays.
3. Weekly Stations of the Cross.
4. Pray through a devotional book.
5. Read a spiritual book.
6. Read or pray through the Bible.
7. Go on a pilgrimage.
8. Choose a saintly intercessor.

For more information go to [Catholicdigest.com](http://Catholicdigest.com)

#### Class Retreats

Every year Mater Dei students attend a retreat with their class. This year NET Ministries will be providing the retreat for our Freshman, Sophomores, and Juniors at the St. Anthony's in Beckemeyer. The dates for each class are as follows: Juniors-February 8, Sophomores, February 9, and Freshman-February 10, Please keep them in your prayers as they experience this retreat.

#### Prayers Needs

Have a need or concern? Prayer needs are remembered each morning at Morning Prayer at Mater Dei's chapel and in our Theology classrooms. Please let us know, we would be happy to add your intention to our prayer list.

#### All Are Welcome

Mater Dei would like to invite you to the following All School Masses in our auxiliary gym at 9:40am.

Wednesday, February 1-Catholic Schools Week  
Wednesday, February 22-Ash Wednesday  
Wednesday, May 3-May Mass

#### Service Awards

Ms. Colleen McDermott invites you to submit nominations for the Christian Discipleship Award, which is presented to one senior; and the Christian Service Award, which is presented to one freshman, one sophomore, and one junior. Since their creation in 1997 by the Mission Effectiveness Committee of the Mater Dei School Board, these awards recognize students for their unselfish

service to school, church, and community. To obtain a nomination form, please contact Ms. Colleen McDermott

([cmcdermott@materdeiknights.org](mailto:cmcdermott@materdeiknights.org)), OR visit our website ([www.materdeiknights.org](http://www.materdeiknights.org), "Faith" menu, "Service" page, "Service Awards" tab). Nominations will be accepted until March 30.

Thank you for helping us recognize students who dedicate themselves to serving others!